



An Informative Half-day Workshop:

Confined Space Entry

1 Who Should Attend . . .

This program is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs.
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work.
- ▶ Business owners who want to learn about compliance with Michigan Occupational Safety and Health Administration (MIOSHA).

2 Why You Need This Workshop . . .

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high costs of work-related injuries. Nationally, employers spent an estimated 50.8 billion on wage payments and medical care for workers hurt on the job. (*Liberty Mutual Safety Index 2005*) This is only a portion of the total costs of work-related injuries. Indirect costs such as overtime, training and lost productivity can also burden employers.
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces workers compensation costs, improves employee morale, and increases production and quality.

3 What You'll Learn . . .

MIOSHA's General Industry Standard Permit-Required Confined Space Entry, Part 90 requires the employer to assess the work environment to determine the existence of confined spaces. A confined space is one, which meets the following: has limited means of entry or exit, is not designed for continuous occupancy, and is large enough to bodily enter. This program is designed to enable participants to identify confined spaces, determine appropriate entry procedures and develop employee-training programs.

Review of MIOSHA General Industry Safety Standard Part 90 - Confined Space Entry:

Agenda

We offer a flexible program agenda to emphasize the safety and health topics you want most.

- ▶ General Requirements
- ▶ Alternate Entry Procedures
- ▶ Confined Space Entry
- ▶ Permit-required Confined Space Entry Program
- ▶ Rescue and Emergency Procedures

All meetings are accessible and barrier free. Please contact the cosponsor or CET Division, at least two weeks in advance, to request necessary accommodations.

Facilitator

Cindy L. Zastrow was appointed to the MIOSHA Consultation Education and Training Division in 2004 as an Industrial Hygienist, bringing with her over 11 years of experience in Safety, Health, and Emergency Services. Based near Saginaw, Cindy provides industrial hygiene services for the Northern part of Michigan as well as the Upper Peninsula.

Cindy has her B.S. and B.F.A. degrees from Central Michigan University, and her M.S. degree in Forensic Toxicology from the University of Florida. She is also a certified Firefighter I and II, licensed EMT, HAZMAT Technician, NFPA Fire Inspector I, CPR/ First Aid/AED Instructor, and Medicolegal Death Investigator. Cindy is a member of the Federal DMORT-WMD team, as well as serving on the Richland Twp. Fire Department.



Cindy Zastrow
*Industrial Hygienist,
MIOSHA, CET Division*

Program Details

DATE: February 5, 2008
LOCATION: M-TECSM at Kirtland - Gaylord
60 Livingston Blvd.
Gaylord, Michigan 49735
COST: \$40 per person.
Includes course materials.

TIME: Check-in - 7:30 a.m.
Program - 8:00 a.m. to 12:30 p.m.
DEADLINE: Register by January 30, 2008
Please register early!
CONTACT: Mark McCully at 989.705.3601 or
mccullym@kirtland.edu

COSPONSOR: *M-TECSM at Kirtland - Gaylord*

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

How to Register

Confined Space Entry

Complete information at right
to register by . . .

- **Phone:** 989.705.3601
- **Fax:** 989.705.3602
- **Email:** mccullym@kirtland.edu
- **Mail:** M-TEC @ Kirtland - Gaylord
60 Livingston Blvd.
Gaylord, Michigan 49735
Attn: Mark McCully

Please enclose check or money order
made payable to MTEC.

Name: _____
Company Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Fax: _____
Email: _____
Number Attending: _____ @ \$40 each = \$ _____
Discover ☐ MC ☐ Visa ☐ #: _____
Print Credit Card Holder's Name: _____
Signature: _____ Exp. Date: _____

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